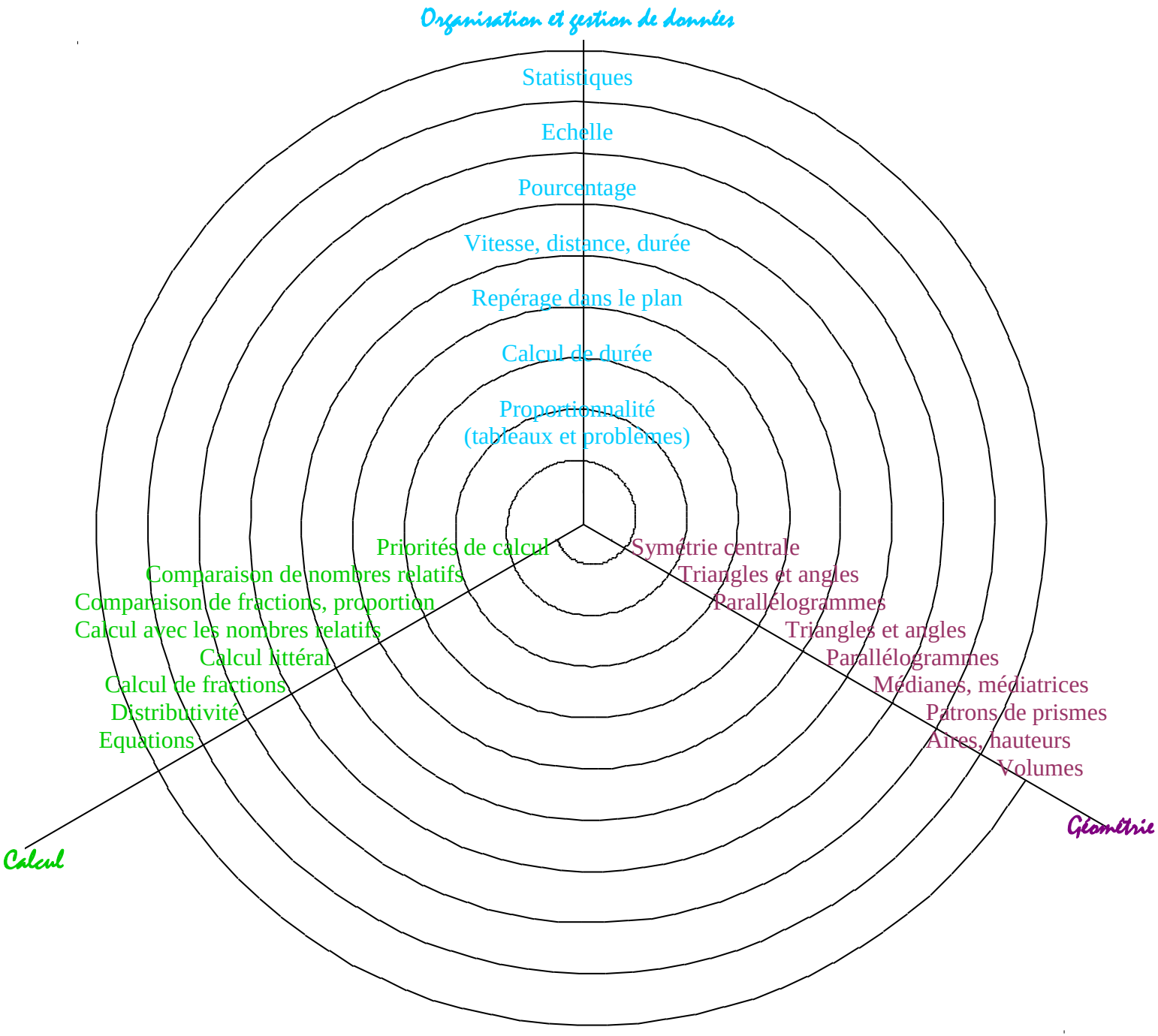Progression classe de 5ème